

VIRGINIA RUGBY UNION
Fall 2005

COLLEGE WOMEN:

Congratulations to the following ladies for making Collegiate All-Americans! Fiona Foxon and Rachel Warden of UVA made first team. Katie Miller of Mary Washington and Carrie Perdue of UVA made second team.

REFEREES:

The following were elected at the Referee Society of Virginia AGM:

President: Jeffrey Anderson
Allocations Secretary: Steve Myers
Treasurer: Shannon Plum

Appointed were the following:

Rugby Development Officer: Steve Myers
Sportsmanship: Dr. Bill Lucas

The Referee Society of Virginia will not be sending any referees to any rugby tournament that does not have an event application submitted to and approved by the VRU vice president.

Congratulations to David Harwood who successfully completed the requirements for Level 3 Evaluation.

A Referee Level 1 Clinic is being planned for November 13. More information will be forthcoming on the VRU listserv when the clinic is firmed up.

COACHING:

USA Rugby is improving the Coach Development Program (CDP) to provide better and more accessible learning experiences for coaches. The CDP has changed significantly in structure to provide the following benefits:

- *Alignment with the IRB, which allows USA Rugby's certification to gain acceptance throughout the world.
- *Provides online access to coach development course modules and resources;

*Provides coaches the opportunity to obtain multiple certifications through the CDP: USA Rugby (iRB) certification, National Center for Sports Safety certification (PREPARE) and Positive Coaching Alliance certification.

The former progressive structure (Level I, II, and III) has been replaced with courses that allow coaches to select the most appropriate course to meet their needs and those of their audience. The new CDP program certifies that a coach is competent in areas specific to each course. This fall three of the courses will be offered: Youth, Introducing Rugby and Developing Rugby Skills.

The Coach Development Program now includes an online coaching portal, and will give coaches access to multiple online modules and resources. To gain certification it is required to complete on-line modules and a face-to-face workshop. The online modules include the Foundations of Coaching Rugby, PREPARE (NCSS Sports Safety) and the companion modules specific to each certification course. The new certification will be valid for three years and can be renewed with attendance at any USA Rugby Coach Development Program offering. USA Rugby recognizes that many coaches currently hold accreditation from the previous system of instruction, and to facilitate this transition, USA Rugby will provide the three-year term, effective August 1, 2005 for all previous accreditations. After three years, on August 1, 2008, all current accreditations will expire. To maintain their coaching credentials and privileges past this date, previously accredited coaches will need to complete the USA Rugby Coach Certification program. USA Rugby strongly encourages all coaches to seek certification within the new system to be as well informed and well-trained as possible. It is in the best interests of this great game and those who play it to insure that our coaches teach in a highly effective and safe manner.

We recognize that many TUs and LAUs require their teams to have an accredited (Level I) coach. The new CDP program equivalency of Level I accreditation is certification in either Introducing Rugby or Developing Rugby Skills (completed PREPARE and Foundations of Coaching Rugby online modules, course specific modules, and a face-to-face workshop). Remember current Level I accreditation will be valid for three years from August 1, 2005. The VRU will endeavor to bring these new clinics to a central location.

We are working to facilitate your ability to verify certifications. You can get more information on the new programs at www.usarugby.org/cdp or you can email Peter Steinberg psteinberg@usarugby.org or Katie Wurst kwurst@usarugby.org with further questions.

ED AND SANDY LEE CUP:

The Ed and Sandy Lee Cup will be hosted by the James River Men and Women November 5 and 6.

SEVENS:

The sevens qualifiers in MARFU are as follows:

June 18	NOVA Battlefield 7's	Winner: PAC
July 9	Norfolk Blues 7's	Winner: Norfolk
July 16	Maryland Exiles 7's	No winner due to storm
July 30	MARFU Championships	PAC.

Moving on to Nationals were PAC, Maryland Exiles, and Washington.

The winner of the National 7's was Old Blue (NY).

Named to the MARFU 7's Select Side from the VRU were Chris Porter and Ed Stockunas from Norfolk, Jeff Reuther from Charlotte, and, as an alternate, Drew Rogers from Norfolk.

In the Men's All-Star 7's MARFU defeated Southern California 29-14 before getting shut out by the West 40-0. MARFU then played the South again and beat them 31-19. In the Bowl semi-final MARFU downed the Combined Services 17-5 before falling in the Bowl final 26-17 to the Midwest.

MARFU

Those from the VRU who played on the MARFU U-23 team include:

Sarah Miller, JMU
Catherine Easterling, Mary Washington
Carrie Perdue, UVA
Fiona Foxon, UVA (Captain)
Keri Fischer, Blue Ridge
Katie Miller, Mary Washington
Miwa Ng, Blue Ridge
Rachel Warden, UVA
Rachel Winters, UVA
Carolyn Runyon, Blue Ridge
Shoshana Griffith, UVA
Winnie Chao, UVA
Yen Hwang, JMU

In the U-23 All-Star Championship, MARFU beat Southern Cal 30-10 and then the South 20-15 to win Tier B.

Invited to the National U-23 Camp were Carrie Perdue and Rachel Warden. Fiona Foxon was invited to play with the U-23's in Canada.

Congratulation to Scott Lavrel of Longwood for making the MARFU Collegiate All-Stars.

In the College All-Star Championship, MARFU lost to the West 34-22 then lost to Southern Cal 48-24 in Pool A.

U-19:

The United States U-19 national team (women) lost for Canada 36-3 and then again to Canada 18-10.

U-23:

The Under-23 Women's National team beat the Ontario U-23's 34-5 and then lost to Canada's U-23 team 38-0 and 65-7.

NATIONAL:

The US took silver at the Maccabiah Games.

INTERNATIONAL:

The IRB has instituted its own world rankings. Here are the current rankings for the top 20 countries:

1. New Zealand 2. South Africa 3. Australia 4. France 5. Wales 6. England 7. Ireland 8. Argentina 9. Scotland 10. Fiji 11. Italy 12. Samoa 13. Canada 14. USA 15. Uruguay 16. Japan 17. Portugal 18. Romania 19. Georgia. 20. Tonga. There are currently 95 countries that have qualified for world rankings, with Finland bringing up the rear.

OF INTEREST:

Don't forget about the on-line services for rugby. Some of the main ones are:

The rugby newsgroup:	rec.sport.rugby.union
----------------------	--

On the World Wide Web:

VRU WWW Site:

<http://www.rugby.org>

EPRU Web Site:

<http://www.epru.org>

PRU Web Site:

<http://www.pru.org>

MARFU Web Site:

<http://www.marfu.org>

US National Team:

<http://www.usa-eagles.org>

Rugby Today:

<http://www.scrum.com/rugbytoday/default.asp>

Rugby magazine:

<http://www.rugbymag.com>

USA Rugby:

<http://www.USARUGBY.org>

IRFB:

<http://www.irfb.com/>

Planet Rugby:

<http://www.planet-rugby.com>

Rugbyrugby:

<http://www.Rugbyrugby.com>

E-mail:

majordomo@world.std.com

USA Women's rugby mailing list. To subscribe, put in the message: **subscribe uswrugby-discussion (your e-mail address)** without the parens.

listserv@listserv.uoguelph.ca

Rugby coaches' mailing list. To subscribe, put in the message: SUB RUGBYCOACH (your full name) without the parens.

walshpj@erols.com

This address gets you on the U-15 Youth Rugby listserve. Send your name, address, phone number, and rugby responsibilities to get on.

tacticalrugby-subscribe@egroups.com

Tactical Rugby listserve. For coaches, administrators, players, and referees.

rugbymag@aol.com

Rugby magazine. Hey, can reporting a tourney result get any easier???

info@usarugby.org

USA Rugby's e-mail address. To reach an employee, e-mail (first initial)(last name)@usarugby.org

virginiarugbyunion@yahoogroups.com

The VRU e-mail list.

The referees have a mailing list, but it's closed to non-referees. Weekly, more and more Internet rugby services go on-line. Get on-line yourself and see what there is! Two great places to start:

<http://www.sportszineuk.co.uk>

<http://www.rugby-union.info>

FINAL WORD:

People don't quit playing because they grow old; they grow old because they quit playing. – Oliver Wendell Holmes

Jeffrey Anderson,
Newsletter Editor